

SELF-ESTEEM SCREENER

STUDENT 10#: Gender:	_			
*If applicable, please assign an ID number for each student for confidentiality; please read aloud when appropriate.				
1. I feel loved.				
(1) All the Time (2) Most of the Tim	ne (3) Sometimes	(4) Not Often	(5) Never	
(-)	(0) 00	(1)	(5)	
2. I feel important and valuable.				
(1) All the Time (2) Most of the Tim	ne (3) Sometimes	(4) Not Often	(5) Never	
	•		•	
3. I feel needed.				
(1) All the Time (2) Most of the Tim	ne (3) Sometimes	(4) Not Often	(5) Never	
4. I feel accepted by others.				
(1) All the Time (2) Most of the Tim	ne (3) Sometimes	(4) Not Often	(5) Never	
5. I feel that I belong and have a purpose.				
(1) All the Time (2) Most of the Tim		(4) Not Often	(5) Never	
6. I feel afraid.				
(1) All the Time (2) Most of the Tim	ne (3) Sometimes	(4) Not Often	(5) Never	
7. I feel hopeful and excited abour	•			
(1) All the Time (2) Most of the Time	ne (3) Sometimes	(4) Not Often	(5) Never	
0 7 11				
8. I like myself.	(0)	(4)	/- >	
(1) All the Time (2) Most of the Time	ne (3) Sometimes	(4) Not Often	(5) Never	
O. T. am. amout				
9. I am smart.	(2) 6	(4) 1) 1 0(1	(E) N	
(1) All the Time (2) Most of the Tim	ne (3) Sometimes	(4) Not Often	(5) Never	
10. I deserve to be loved.				
	(2) Comptimed	(1) Not Often	(5) Navan	
(1) All the Time (2) Most of the Tim	le (3) Sometimes	(4) Not Often	(5) Never	
44 = 1 16				
11. I am happy with myself.	(0) 6	(4) 11 . 66.	(E)	
(1) All the Time (2) Most of the Tim	ne (3) Sometimes	(4) Not Often	(5) Never	
12 T feel sefe				
12. I feel safe. (1) All the Time (2) Most of the Time	. (2) Comotimes	(1) No+ Of+	(5) Novem	
(1) All the Time (2) Most of the Time	ne (3) sometimes	(4) NOT OFTEN	(5) Never	
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